

**Kindergarten: Choose 1 activity from each column (Specialist Areas).**

| <b><u>Media</u></b>   | <b><u>Art</u></b>   | <b><u>Phy Ed</u></b>  | <b><u>Music</u></b>  |
|---|---|---|--|
| Make a blanket fort and read inside it.   | Use shaving cream on a cookie sheet to practice making designs and patterns or write numbers, shapes, letters, words. | Have your parents go to <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> and then sign up. Pick 3 activity choices.  | Sing a song you've learned in music class to a family member.                      |
| Read a book aloud to a family member or stuffed animal.   | Create a snow sculpture.  | Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5   | Dance and sing to your favorite song.  |
| Retell a favorite story to someone you see today.   | Draw a picture of your favorite animal.   | Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.  | Sing the ABC song.   |
| If you have online access, find an activity on the media website. Practice your mouse skills.                     | Build something out of legos or blocks  | SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.  | Have your parent teach you a song they learned when they were your age.            |
| Using a keyboard, practice typing each word twice: snow, cold, shovel, hat, coat, mittens, sled, skate, ice, fun. | Draw a picture of any subject using only the Primary colors - Red, Yellow, and Blue                                   | Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers). | Listen to a piece of classical music and draw what you hear.                       |
| Listen to an online book. See the links on your Media website for choices   | Make up an animal and draw or paint it.   | Play catch, volley or juggle with self or partner for 10 minutes.   | Find two things in your house that make a musical sound and make up your own song. |

**1st Grade: Choose 1 activity from each column (Specialist Areas).**

| <b><u>Media</u></b>   | <b><u>Art</u></b>   | <b><u>Phy Ed</u></b>  | <b><u>Music</u></b>   |
|---|---|---|---|
| Make a blanket fort and read inside it.   | Use shaving cream on a cookie sheet to practice making designs and patterns or write numbers, shapes, letters, words. | Have your parents go to <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> and then sign up. Pick 3 activity choices.  | Draw or write five things that would make a good musical instrument in your home. |
| Read a book aloud to a family member or stuffed animal.   | Create a snow sculpture   | Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5   | Sing two songs that you know for a family member.                                 |
| Retell a favorite story to someone you see today.   | Draw a picture of your favorite animal.   | Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.  | Listen to a piece of classical music and draw what you hear.                      |
| Listen to an online book. See the links on your Media website for choices.  | Build something out of legos or blocks.   | SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.  | Practice drawing music notes or symbols that you've learned so far.               |
| If you have online access, go to your code.org link on the media website.   | Draw a picture of any subject using only the Primary colors - Red, Yellow, and Blue                                   | Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers). | Clap the rhythm to a class song.  |
| Using a keyboard, practice typing each word twice: snow, cold, shovel, hat, coat, mittens, sled, skate, ice, fun. | Make up an animal and draw or paint it.   | Play catch, volley or juggle with self or partner for 10 minutes.   | Dance to two songs on the radio.  |

**2nd Grade: Choose 1 activity from each column (Specialist Areas).**

| <b><u>Media</u></b>  | <b><u>Art</u></b>   | <b><u>Phy Ed</u></b>  | <b><u>Music</u></b>  |
|--|---|---|--|
| Make a blanket fort and read inside it.  | Pick a song and create a drawing that matches the music.  | Have your parents go to <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> and then sign up. Pick 3 activity choices.  | Sing two songs that you know for a family member.                          |
| Read a book aloud to a family member or stuffed animal.  | Design and create a musical instrument.   | Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5   | Practice the piano or another musical instrument.                          |
| Retell a favorite story to someone you see today.  | Draw a picture of your favorite animal.   | Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.  | Create a musical instrument from household items (example: pots and pans). |
| If you have online access, go to your code.org link on the media website. Spend some time coding.                                    | Illustrate a scene from a book you are reading.   | SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.  | Listen to a piece of classical music and draw what you hear.               |
| From your Media website search Britannica. Find a new topic you'd like to learn more about. Write a an interesting fact you learned. | Draw a picture of any subject using only the Primary colors - Red, Yellow, and Blue; or the Secondary colors - Orange, Green and Violet | Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers). | Clap the rhythm to a class song.   |
| Using a keyboard, practice typing each word twice: snow, cold, shovel, hat, coat, mittens, sled, skate, ice, fun.                    | Make a craft with an adult.   | Play catch, volley or juggle with self or partner for 10 minutes.   | Make up a new song or dance.   |

**3rd Grade: Choose 1 activity from each column (Specialist Areas).**

| <b><u>Media</u></b>  | <b><u>Art</u></b>  | <b><u>Phy Ed</u></b>  | <b><u>Music</u></b>  |
|--|--|---|--|
| Find your favorite spot and read.  | Pick a song and create a drawing that matches the music.   | Have your parents go to <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> and then sign up. Pick 3 activity choices.  | Listen to a piece of classical music and draw what you hear.               |
| Read a non-fiction book and write 3 sentences about what you've learned.   | Design and create a musical instrument.  | Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5   | Clap the rhythm to a class song.   |
| Create a play of a favorite childhood story and perform it in front of an audience.  | Draw a picture of your favorite animal.  | Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.  | Sing two songs you've learned this year for your family members.           |
| If you have online access, go to your code.org link on the media website. Spend some time coding.  | Illustrate a scene from a book you are reading.  | SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.  | Find a song on the radio or internet, and create a dance routine for it.   |
| Keyboarding: Type a paragraph sharing what you did today.<br>OR: Using the link on the Media Center Website, practice typing using Dance Mat Typing. | Draw a picture of any subject using only the Tertiary colors - Red Orange, Yellow Orange, and Blue Green, Red Violet, Yellow Green, Blue Violet. | Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers). | Create a musical instrument from household items (example: pots and pans). |
| From your Media website search Britannica. Find a new topic you'd like to learn more about. Tell someone about it.                                   | Make a craft on your own (using supplies approved by adult).   | Play catch, volley or juggle with self or partner for 10 minutes.   | Play a note-naming game online (example freddiethefrog.com)                |

**4th Grade: Choose 1 activity from each column (Specialist Areas).**

| <b><u>Media</u></b>   | <b><u>Art</u></b>   | <b><u>Phy Ed</u></b>  | <b><u>Music</u></b>  |
|---|---|---|--|
| Find your favorite spot and read.   | Pick a song and create a drawing that matches the music.  | Have your parents go to <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> and then sign up. Pick 3 activity choices.  | -Play an instrument for ten minutes  |
| Read a non-fiction book and write 3 sentences about what you've learned.  | Design and create a musical instrument.   | Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5   | Find a song on the radio or internet, sing along or create a dance routine for it.                   |
| Create a play of a favorite childhood story and perform it in front of an audience.   | Draw your favorite warm weather landscape.  | Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.  | Create a musical instrument from household items.  |
| If you have online access, go to your code.org link on the media website. Spend some time coding.   | Draw or make a new invention.   | SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.  | Make up an eight-beat rhythm and write it down.  |
| Keyboarding: Type a paragraph sharing what you did today.<br>OR: Using the link on the Media Center website, log in to Typing Quest and practice keyboarding. | Create a found object sculpture (items considered trash or reusable - get permission for the items used!) | Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers). | Listen to a piece of classical music and draw what you hear.   |
| From your Media website search Britannica. Find a new topic you'd like to learn more about. Tell someone about it.  | Draw a book cover to represent your life.   | Play catch, volley or juggle with self or partner for 10 minutes.   | Play a note-naming game online (example <a href="http://freddiethefrog.com">freddiethefrog.com</a> ) |

**5th Grade: Choose 1 activity from each column (Specialist Areas).**

| <b>Media</b>  | <b>Art</b>  | <b>Phy Ed</b>   | <b>Music</b>   |
|---|---|---|--|
| Find your favorite spot and read.   | Pick a song and create a drawing that matches the music.  | Have your parents go to <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a> and then sign up. Pick 3 activity choices.  | Listen to a piece of classical music and draw what you hear.                               |
| Read a non-fiction book and write 3 sentences about what you've learned.  | Design and create a musical instrument.   | Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5   | Create a musical instrument from household items.  |
| Create a play of a favorite childhood story and perform it in front of an audience.   | Draw your favorite warm weather landscape.  | Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.  | Play an instrument for ten minutes.  |
| If you have online access, go to your code.org link on the media website. Spend some time coding.   | Draw or make a new invention.   | SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.  | Create an eight-beat rhythm pattern including rests and write it out.                      |
| Keyboarding: Type a paragraph sharing what you did today.<br>OR: Using the link on the Media Center website, log in to Typing Quest and practice keyboarding. | Create a found object sculpture (items considered trash or reusable - get permission for the items used!) | Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers). | Come up with a dance routine to your favorite song on the radio (or internet) and film it. |
| From your Media website search Britannica. Find a new topic you'd like to learn more about. Tell someone about it.  | Draw a book cover to represent your life.   | Play catch, volley or juggle with self or partner for 10 minutes.   | Sing one song you've learned from class and another song of your choice.                   |

